



International Academy for  
Experiential Education

# Facilitating groups & leading teams

## Long-term training programme

SEVENTH INTERNATIONAL EDITION 2018- 2019



# ABOUT // WHO FOR?

Via Experientia has been organising courses on experiential learning all over Europe since 1998. We have developed this Long - Term Training Programme based on our experience with experiential, process-oriented programmes and reflective practice.

Working together in the Via Experientia partnership for many years provides us with a rich history of shared training experiences and learning journeys. This encourages us to continue our discoveries and share our findings in personal and professional development by increasing adult educators, trainers and managers' access to professional training courses on experiential education methodology.

Our current focus is to empower participants to develop and use reflective approach in their work - in education, management and other fields.

## THIS PROGRAMME IS OPEN FOR:

- > Educators,
- > Managers,
- > Trainers and group facilitators,

working with teams and groups in different sectors of business, education (both formal and non-formal), training, personal or human resource development.



# CONTENT I

PERSONAL  
DEVELOPMENT ●

4

PROFESSIONAL  
DEVELOPMENT ●

SKILLS &  
COMPETENCIES ●

ESSENTIAL  
ELEMENTS OF THE  
PROGRAMME

REFLECTIVE  
APPROACH ●

## OBJECTIVES OF THE PROGRAMME

- To empower participants to facilitate and lead individual and group developmental processes
- To support participants to enhance their authentic style in facilitating groups and leading teams
- To train participants facilitation and leading skills, such as: reflecting, active listening, mirroring, giving and receiving feedback etc.
- To develop process oriented facilitation skills
- To introduce the concept of reflective practice
- To develop participants' inner readiness in facilitating groups and leading teams
- To familiarise participants with process-oriented experiential learning concepts and practices, which are relevant to leadership and group facilitation.



# CONTENT II

Stage	Content
I course 28 August- 3 September, 2018 in Lithuania	<ul style="list-style-type: none"> <li>&gt; Profound personal experience for exploring group processes</li> <li>&gt; How do groups function? How do I function in a group?</li> <li>&gt; Theoretical concepts on group and team dynamics</li> <li>&gt; Introduction of reflective approach and inner readiness</li> <li>&gt; Formulating own personal learning objectives</li> </ul>
II course 10-15 October, 2018 in Belgium	<ul style="list-style-type: none"> <li>&gt; Experimenting with group and team facilitation within the group</li> <li>&gt; Different group phenomena: influence on different group members and practical implications to the facilitators of groups and teams</li> <li>&gt; Preparation for own coached practice</li> </ul>
Coached practice	<ul style="list-style-type: none"> <li>&gt; Participants' practice in their own working environment</li> <li>&gt; Individual coaching will be provided.</li> </ul>
III course 6-11 April, 2019 in Italy	<ul style="list-style-type: none"> <li>&gt; Reflection on own practice - peer coaching</li> <li>&gt; Developing feedback and coaching skills</li> <li>&gt; Deepening facilitation and leadership concepts</li> <li>&gt; Formulating own grounded theory</li> <li>&gt; Acknowledging own learnings</li> <li>&gt; Looking at the future – follow up possibilities</li> </ul>

\*The aforementioned dates are full programme days, travel days are not included.

\*\* It is important to emphasise that participants are invited to commit themselves for the full duration of the course.



# PRICES & COSTS



## PARTICIPATION FEE

	Participants from non-profit organisations	Participants from profit organisations
If registration fee is paid by 20 June, 2018	€ 2.300	€ 4.300
If registration fee is paid by 15 August, 2018	€ 2.550	€ 4.550

- The registration fee is counted as 30% of the total participation fee.
- Registration fee is not refundable.
- Participation fee can be paid in parts, but it needs to be agreed individually.

If the fee is the only reason withholding you from participating, while you think you could gain a lot from the course, you can apply for a scholarship. All information about the scholarship procedure you will find in our webpage:

<http://www.viaexperientia.net/long-term-training-programme/>

## ACCOMODATION AND FOOD

The price\* of accommodation and food during international courses:

I course in Lithuania: approximately € 380 (7 days)

II course in Belgium: approximately €380(6 days)

III course in Italy: approximately €400 (6 days)

A certificate will be provided to those participants, who commit themselves for the full duration of the course.

\*The price is a subject to change, depending on the prices of service providers, but we always put efforts to keep the price as low as possible



# APPLY >>

## APPLICATION PROCEDURE

To enrol we kindly ask you:

1. to apply online at [www.viaexperientia.net](http://www.viaexperientia.net) or ask us at [training@viaexperientia.net](mailto:training@viaexperientia.net) to send you an application form. Please return your application to [training@viaexperientia.net](mailto:training@viaexperientia.net).
2. to transfer 30% of the participation fee to the following account by the deadline shown in “Prices & costs” section:

KITOKIE PROJEKTAI

IBAN: LT89 7044 0600 0780 2728

SWIFT: CBVILT2X

SEB BANK AB, VILNIUS

Please indicate in the subject field of money transfer - “Long-term training programme”

For any additional information please contact us by e-mail:  
[training@viaexperientia.net](mailto:training@viaexperientia.net)



# WHAT ELSE?


There have already been six editions of our long term training programme, and many other training courses since 1998. Participants of previous editions have access to the “Alumni learning community of Via Experientia” that offers you the opportunity :

- To have access to the “Alumni Meetings” . Created for the life long learning of its members, it takes place every 2 years in different countries of Europe. Next, will be in March 2018 in Portugal;
- To create your own professional network with other alumni and organisations around Europe;
- To benefit from reduced fees only for alumni for the advanced training workshops organised by Via Experientia;
- If you want to contact ex-participants directly and hear how Via Experientia have benefited them, please e-mail us and we will give you direct contacts. Testimonials on our webpage can also serve this purpose well.



All partners in Via Experientia together with 4 European universities have been involved in an action research project which has produced the cutting-edge publication about reflection in learning "Holding the Space".

“Holding the Space” - facilitating reflection for learning and inner readiness. These new findings enable our courses to really touch what is crucial for facilitating learning processes and for triggering people in manifesting their inner readiness! Available for download from the project's website: [www.reflecting.eu](http://www.reflecting.eu)



“At a professional and personal level I learned many things about experiential learning, about team work, about processing the experience. I became much more confident in myself, my inclinations, I found a stronger balance among my feelings, my fears, challenges, and the capacity to “enter the processes” that I am involved in.”

“Namely I feel more confident and authentic, and I feel capable of using feedback, challenge and motivate groups.”

“The experience in this course taught me how to understand better the team I am working with. I now know what to observe in their interaction and understand the way my reactions and behaviour affect them.”



[www.viaexperientia.net](http://www.viaexperientia.net)