



International Academy for  
Experiential Education

# Facilitating groups & leading teams

## Long-term training programme

SIXTH INTERNATIONAL EDITION 2017



# ABOUT // WHO FOR?

Via Experientia has been organising courses on experiential learning all over Europe since 1998. We have developed this Long - Term Training Programme based on our experience with experiential, process-oriented programmes and reflective practice.

Working together in the Via Experientia partnership for many years provides us with a rich history of shared training experiences and learning journeys. This encourages us to continue our discoveries and share our findings in personal and professional development by increasing adult educators, trainers and managers' access to professional training courses on experiential education methodology.

Our current focus is to empower participants to develop and use a reflective approach in their work - in education, management and other fields.

## THIS PROGRAMME IS OPEN FOR:

- > Educators,
- > Managers,
- > Trainers,

working with teams and groups in different sectors of business, education (both formal and non-formal), training, personal or human resource development.





# CONTENT I

PERSONAL  
DEVELOPMENT



4



PROFESSIONAL  
DEVELOPMENT

SKILLS &  
COMPETENCIES



ESSENTIAL  
ELEMENTS OF THE  
PROGRAMME



REFLECTIVE  
APPROACH

## OBJECTIVES OF THE PROGRAMME

- To empower participants to facilitate and lead individual and group processes
- To support participants to enhance their authentic style in facilitating groups and leading teams
- To train participants in facilitation and leading skills, such as: reflecting, active listening, mirroring, giving and receiving feedback etc.
- To introduce the concept of reflective practice
- To develop inner readiness to facilitate groups and lead teams;
- To familiarise the participants with process-oriented experiential learning concept and practice, history and current developments.



Stage	Content
I course May 3-9 in Lithuania	<ul style="list-style-type: none"> <li>&gt; Profound experience for exploring group processes.</li> <li>&gt; How do groups function? How do I function in a group?</li> <li>&gt; Theoretical concepts on group and team dynamics.</li> <li>&gt; Introduction of reflective approach</li> </ul>
II course June 10-14 in Belgium	<ul style="list-style-type: none"> <li>&gt; Experimenting with group and team facilitation within the group.</li> <li>&gt; Introducing the concept of reflective practice for inner readiness.</li> <li>&gt; Preparation for own coached practice.</li> </ul>
Coached practice	<ul style="list-style-type: none"> <li>&gt; Participants' practice in their own working environment</li> <li>&gt; Individual coaching will be provided.</li> </ul>
III course October 15-20 in Italy	<ul style="list-style-type: none"> <li>&gt; Reflection on own practice</li> <li>&gt; Generalise the learning</li> <li>&gt; Go deeper in concepts</li> <li>&gt; Grounded theory</li> <li>&gt; Looking at the future – follow up possibilities</li> </ul>

It is important to emphasise that participants are invited to commit themselves for the full duration of the course





# PRICES & COSTS



## TRAINING FEE

€ 2.300 if registration fee (30% or 690 euro) is paid by 1 February, 2017

€ 2.550 if registration fee (30% or 765 euro) is paid by 1 April, 2017

Training fee can be paid in different steps. To be agreed individually.

The price of accommodation and food during international courses:

I course in Lithuania: € 280 (7 days)

II course in Belgium: € 250 (5 days)

III course in Italy: € 360 (6 days)

If the fee is the only reason withholding you from participating, while you think you could gain a lot from the course, you can apply for a scholarship.

All information about the scholarship procedure you will find in our website:

[http://www.viaexperientia.net/uploads/scholarship-procedure\\_LTTC6.pdf](http://www.viaexperientia.net/uploads/scholarship-procedure_LTTC6.pdf)

A certificate will be provided to the participants who commit themselves for the full duration of the course.



# APPLY >>

## APPLICATION PROCEDURE

To enrol we kindly ask you:

1. to fill in and send your application form to the following e-mail address [training@viaexperientia.net](mailto:training@viaexperientia.net)
2. to transfer 30% of the registration fee to the following account:

“KITOKIE PROJEKTAI”

IBAN: LT89 7044 0600 0780 2728

SWIFT: CBVILT2X

SEB BANK AB, VILNIUS

by the deadline shown in “Prices & costs” section. Please indicate in the subject field of money transfer - “Long-term training programme”

The application form can be downloaded from our website:

<http://www.viaexperientia.net/courses/>

For additional information please contact the closest partner organisation or by e-mail: [training@viaexperientia.net](mailto:training@viaexperientia.net)

Contact details you can find in our website : [www.viaexperientia.net](http://www.viaexperientia.net)





# WHAT ELSE?


There have already been five editions of our long term training programme, and many other training courses since 1998. Participants of previous editions have access to the “Alumni learning community of Via Experientia” that offers you the opportunity :

- To have access to the “Alumni Meetings” .Created for the life long learning of its members, it takes place every 2 years in different countries of Europe. Next, will be in spring 2018 in Portugal;
- To create your own professional network with other alumni and organisations around Europe;
- To benefit from reduced fees only for alumni for the advanced training workshops organised by Via Experientia.



All partners in Via Experientia together with 4 European universities have been involved in an action research project which has produced the cutting-edge publication about reflection in learning "Holding the Space".

“Holding the Space” - facilitating reflection for learning and inner readiness. These new findings enable our courses to really touch what is crucial for facilitating learning processes and for triggering people in manifesting their inner readiness! Available for download from the project's website: [www.reflecting.eu](http://www.reflecting.eu)



“At a professional and personal level I learned many things about experiential learning, about team work, about processing the experience. I became much more confident in myself, my inclinations, I found a stronger balance among my feelings, my fears, challenges, and the capacity to “enter the processes” that I am involved in.”

“Namely I feel more confident and authentic, and I feel capable of using feedback, challenge and motivate groups.”

“The experience in this course taught me to live “here and now” more often, to observe myself in different work and life situations and understand the way my reactions and behaviour affect other people around me.”



[www.viaexperientia.net](http://www.viaexperientia.net)